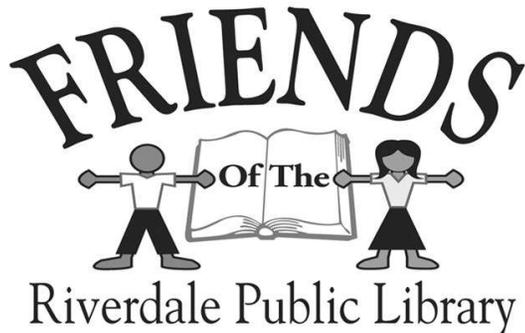


The Friends of the Riverdale Public Library

We are a 501 (C)(3) nonprofit organization, and our mission is to raise funds for the library. Since we began in 2003 we have raised over \$80,000 dollars for the library. We have supported special collections like the large print, audiobook and travel book collections. We have funded special programs for adults and children.



Won't you join us in helping our library be awesome?
Membership forms are at the library or online at
<http://riverdalelibrary.org/friends/join-the-friends>

ADULT SERVICE PROGRAMS 2020 January - May



R I V E R D A L E
Public Library

*Registration is required for all programs.
Please register in person, by phone at
973-835-5044, or at www.riverdalelibrary.org.*

January

Get Organized for Weight Loss – Wednesday, January 8th, 7:00 p.m.

Losing weight is always in the top five New Year's resolutions and this program can help you achieve that goal! This program will cover: meal planning, portion tips, free phone apps and paid phone apps to help you make healthier food choices without feeling deprived. Learn how to menu plan your butt off! Eat, drink and shrink. Presented by Linda Anders, professional organizing expert and President of COC Enterprises.

Tea, Scones and the Brit Lady – Saturday, January 11th, 2:00 p.m.

Learn to make a proper cup of tea, watch a demo on scone making and then enjoy homemade scones and a "cuppa" at our tea party. Fancy hats are encouraged.

Digital Downloading: Magazines, Audio Books and E-Books - Wednesday, January 22th, 7:00 p.m. So much is available with your Riverdale or Morris County library card! Join us as we look at the e-books and audio books available to borrow: we'll show you the process and explore the catalog. Use your library card to access digital versions of popular magazines like Martha Stewart Living, The Economist, and Food Network Magazine are just some of the magazines you can download each month (for free!) and keep. Have a tablet or iPad? Bring it!

Satisfying Soups – Saturday, January 25th, 1:00 p.m. As we move into winter, we start to think of comfort foods and soup is usually at the top of the list! Low-fat and low calorie soups can still be flavorful, satisfying and healthy. Danielle, Dietitian at ShopRite of Lincoln Park will show us how to lighten up your soups while keeping the flavor and health benefits.

February

Meditation for Your Greatest Health – Wednesday, February 5th, 7:00 p.m.

While it is inherent in any meditation practice that your Health is supported, there are specific ways to add more intention to good health. Using basic tools and techniques in a few different Guided Meditation exercises, we will focus on what you would like to see and feel improvement with.

Possessed by Possessions – Wednesday, February 12th, 7:00 p.m. Possessed by Possession was inspired by the popular book The Gentle Art of Swedish Death Cleaning. This new program is geared to help homeowners to declutter now so their kids won't be overwhelmed later and need a dumpster to clean out their parents' house! What to do with photographs, letters, books, kids' memorabilia, and furniture are just some of the topics that are covered in this hour long presentation. Presented by Linda Anders, professional organizing expert and President of COC Enterprises.

Film, Food & Friends - Popular films are shown each month on our 60 inch HD TV screen. Movie titles are announced monthly. Showing are made possible by the Friends of Riverdale Library.

January:

Wednesday, January 15th, 7:00 p.m.
& Friday, January 17th, 2:00 p.m.

February:

Wednesday, February 19th, 7:00 p.m.
& Friday, February 21st, 2:00 p.m.

March:

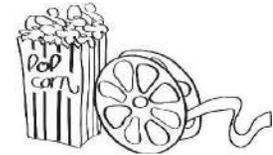
Wednesday, March 18th, 7:00 p.m.
& Friday, March 20th, 2:00 p.m.

April:

Wednesday, April 15th, 7:00 p.m.
& Friday, April 17th, 2:00 p.m.

May:

Friday, May 15th, 7:00 p.m.
& Wednesday, May 20th, 7:00 p.m.



Available with your Library Card

Museum Passes - (Only for Riverdale card holders) Thanks to the generosity of the Friends of the Riverdale Public Library, the library has museum passes for circulation for Riverdale patrons. The Intrepid Air and Space Museum, Grounds for Sculpture and Imagine That! Children's Museum are available now. How does it work? The Intrepid pass allows six people free entry using the one Riverdale library pass. The Grounds for Sculpture and Imagine That! Children's Museum allows four people free entry. Riverdale card holders must reserve the pass either by phone or by walk-in, and can keep the pass for up to three days. Stop by or call us with any questions, or see our website for more details.

Best Seller's Club - Riverdale library card holder's can register to have a hold automatically placed on upcoming books by these authors: David Baldacci, Mary Higgins Clark, Michael Connelly, Catherine Coulter, Clive Cussler, Janet Evanovich, John Grishman, Jonathan Kellerman, Debbie Macomber, James Patterson, Jodie Picoult, Nicholas Sparks, Danielle Steel and Stuart Woods. You don't have to think about it until you get a message from us to pick up your best seller! Sign up in the library or online on our website.

Bookmark Portfolio –Saturday, May 16th, 1:00 p.m. Artist Lisa Madson returns to help you craft book marks and an accordion portfolio to keep them. Using stamping and watercolors create unique bookmarks with beautiful tassels (just in time for summer reading). (*Riverdale Library Card holders registration begins Thursday, April 2nd, general registration begins Thursday, April 16th.*)

Adult Summer Reading 2020

Summer Reading starts Tuesday, May 26th!

The 2020 Theme is “Imagine Your Story.” Join us for a summer of great reading! Keep track of books you read this summer by writing the title and author on your book bingo card. Book titles may be used only once per card, and only one entry per person.

Subscribe to our adult summer reading newsletter which will provide you with ideas for your next read. Stop by after Memorial Day to pick up a free gift, a bingo card for a summer of reading and find out about our prizes.



Monthly Programs

Photography Club - For beginners to experts—share information and discuss tips and tricks. The club meets from 6:30 p.m.—7:45 p.m. on the fourth Monday of each month.

Book Discussion Group - Pick up your copy of this month's book from the front desk. The book is usually available in book, large print and audiobook format. Discussion is on fourth Monday of the month from 6:30 p.m.—8:00 p.m. in the meeting room. New members are always welcome!

January 27th - *Vox* by Christina Dalcher

February 24th - *The Piano Tuner* by Daniel Mason

March 23rd - *The Reckoning* by John Grisham

April 27th- *The Rent Collector* by Carmon Wright

May 27th - (Meeting on Wednesday due to Memorial Day Holiday)
Eleanor Oliphant is Completely Fine by Gail Honeyman

Rocks in the Garden: A Public History of Slavery in Morris County — Wednesday, February 26th, 7:00 p.m. In this presentation Mike Snyder will discuss the inspiration for his work and how he got started on this road of discovery. He will look at the various available sources and how he melded them into a two cohesive studies. This talk explores the interconnectivity of Morris County's towns in relation to each other and the citizens who participated in enslavement. We will look at the slave owners and the enslaved, who they were, how they lived, how they were treated, the rifts slavery caused in the community, and the debate about slavery within the press. We will also explore how history is told, the marginalization of the enslaved, and the commemoration of slavery in the area. Mike Snyder, history professor, shifted his focus to the history of slavery in Morris County after taking classes with the late, great Dr. Clement Price and visionary public historian Dr. Lyra Monteiro. He completed a graduate paper "Inquire with the Printer: The Slavery Debate in Morris County, NJ 1776-1864" in 2016 and his Master's Essay "The Enslaved Slept Here Too: A Public History of Slavery in Morris County" in 2017. He is currently teaching at Union County College as an Adjunct Professor in the History Department.

March

Votes for Women: Celebrating 100 Years of Women's Suffrage— Wednesday, March 4th, 7:00 p.m. Have you ever considered the strategies and strategists that propelled the Suffrage Movement in our nation? Many don't know it, but New Jersey played a pivotal role in the movement that changed our nation's history. For example, New Jersey's Woodrow Wilson was an initial opponent and then an eventual a supporter of suffrage. Also, the Garden State served as an incubator for leaders and suffragists, including Alice Paul. And, of course, our state was a ratifier of the 19th Amendment. How did the long-lasting effects of those strategies influence the past 100 years of women's participation in political life? In this PSP program, participants will examine the last century through the lens of historical documents and explore perceptions, both familiar and unfamiliar, of women in the public sphere. Presenter: Brigid Callahan Harrison, Ph.D., Professor of Political Science and Law, Montclair State University. *This program was made possible by a grant from the New Jersey Council for the Humanities, a state partner of the National Endowment for the Humanities.*

Felting with Ducky – Saturday, March 7th, two sessions: 10:30 a.m. or 1:00 p.m. Think spring! Felt a fuzzy chick. In this class fiber artist Kerstin Katko (aka Ducky from Ducky's Sheep Shack) will teach you how to sculpt sheep wool into a chick shape using only felting needles. While felting has been around for centuries, needle felting is a relatively new craft. It involves using barbed felting needles to compact and shape wool into sculpture. Once you try it you'll be hooked! No experience is necessary. We will be using sharp needles so a few poked fingers are possible, but lots of creative fun is inevitable! (*Registration begins Friday, January 31st for Riverdale Library card holders, Thursday, February 13th for general registration.*)

Remember the Ladies: Women During The American Revolution - Wednesday, March 11th, 7:00 p.m. What was life like for a woman during the Revolution? Joel Farkas will discuss attitudes, expectations, legal rights, and health and medical issues for the colonial woman. The presentation will also cover the “first ladies” and women like Martha Washington, Abigail Adams, Lucy Knox and other women who made a difference. Presenter: Joel Farkas, National Park Service volunteer docent at Washington's Headquarters, Morristown, NJ.

Spring Craft with Agnes – Saturday, March 14th, 11:00 a.m. Dress your door with a hanging basket of spring florals. (*This program is limited to Riverdale library card holders.*)

Friends of the Riverdale Public Library Book Sale - Book Donations will be accepted after the first week of January and through Friday, March 6th for the Friends of the Riverdale Public Library Annual Book Sale. Gently used books, DVD's and music CD's are welcome. Drop off anytime the library is open. We're sorry, but we can't accept encyclopedia sets, magazines, or VHS tapes.

Book Sale Schedule:

Friday, March 27th, 4:00 p.m. - 8:00 p.m.
Saturday, March 28th, 10:00 a.m. - 4:00 p.m.
Sunday, March 29th, 12:00 p.m. - 3:00 p.m.

April

Is Anybody Out There? The 1966 Wanaque UFO Sightings -Wednesday, April 1st, 7:00 p.m. Throughout 1966 the mayor, town officials, and private citizens witnessed UFO's flying around the Wanaque Reservoir. The Unidentified Flying Object incidents were reported to the Air Force, and their findings angered many citizens and officials. The National Investigations Committee on Aerial Phenomenon (NICAP), sent investigators to interview witnesses. Magazines and newspapers published articles, and CBS aired a show about the UFO incidents. Hear the story and decide. Was it a hoax? Was its origin from earth or elsewhere? Local resident Richard Moon has researched this local history story, consulted with experts, and presents the facts.

AARP Safe Driving Course - Saturday April 4th, 10 a.m.to 4:30 p.m. Factors related to aging can increase the risk of crashes and injury among drivers. The purpose of this course is to help drivers of all ages maintain their mobility and independence by refreshing their driving skills and learning how to adjust to age-related challenges.
(*Course payment is required to hold a seat for this class.*)

Please either mail or drop off a check for the class to secure a spot: \$15 for AARP members, \$20 for non-members. Course participants may be eligible for auto insurance premium discounts.

Spring Cupcake Bouquet – Wednesday, April 8th, 7:00 p.m. Artist Bernadine Ferrari will guide you in creating decorated cupcakes for your spring table, using fondant and icing on prepared cupcakes. (*Registration begins Monday, March 2nd for Riverdale Library card holders, Monday, March 16th for general registration.*)

Author Visit: RoseMarie Rubinetti Capiello - Wednesday, April 22, 7:00 p.m. Ms. Capiello, intuitive medium and local author of the book *Speaking from Spirit*, will discuss her book and then make connections in the room through mediumship. Books will be available for sale at the event, and Ms. Capiello will personally sign your purchased copies.

Spring into Better Health – Saturday, April 25th, 1:00 p.m. Learn how to lighten up your diet by Dietitian Danielle from ShopRite of Lincoln Park, enjoy seasonal foods and learn some new twists to spice up your salad and set some new wellness goals toward better health as the warm weather approaches.

Nazis in Riverdale? – Wednesday, April 29th, 7:00 p.m. Local historian Tom Riley will trace the origins of Camp Bergwald on Federal Hill from the construction of the camp through its confiscation by the federal government. The connection of Camp Bergwald to the German American Bund and Nazi Germany will be fully explored.

May

Radio Theater: Tales of Fantasy & Science Fiction - Wednesday, May 6th, 7:00 p.m. Presenting two half-hour radio dramas from the 1940s and 50s. Escape to London in a world made strange and terrifying by the workings of an ancient curse in *Casting the Runes*. Then, travel forward in time to the year 100050 in *The Time Machine*. Based on the works of Montique R. James and H.G. Wells.

Casting the Runes - 1947

The Time Machine - 1950

Possessed by Possessions – Wednesday, May 13th, 7 p.m. Inspired by the popular book *The Gentle Art of Swedish Death Cleaning*, this program is geared to help homeowners to declutter now so their kids won't be overwhelmed later and need a dumpster to clean out their parents' house! What to do with photographs, letters, books, kids' memorabilia, and furniture are just some of the topics that are covered in this hour long presentation. Presented by Linda Anders, professional organizing expert and President of COC Enterprises.