

HOURS

Monday	10-8	Thursday	10-8
Tuesday	10-5	Friday	10-5
Wednesday	10-8	Saturday	10-4

January 2020**Adult Winter Programs:*****Get Organized for Weight Loss -***
Wednesday, January 8th, 7:00

p.m. Menu planning, kitchen organization help – make dieting easier and likelier to work! Presented by Linda Anders, professional organizing expert and President of COC Enterprises.

Tea, Scones & the Brit Lady - Saturday, January 11th, 2:00 p.m. Learn to make a proper cup of tea, watch a demo on scone making and then enjoy homemade scones and a “cuppa” at our tea party. Fancy hats are encouraged.

Digital Downloading: E-Magazines, E-Audio Books & E-Books - Wednesday, January 22th, 7:00 p.m.

So much is available with your Riverdale or Morris County library card! Join us as we look at the e-books and audio books available to borrow: we'll show you the process and explore the catalog. Use your library card to access digital versions of popular magazines like Martha Stewart Living, The Economist, and Food Network Magazine are just some of the magazines you can download each month (for free!) and keep. Have a tablet or iPad? Bring it!

Satisfying Soups - Saturday, January 25th, 1:00 p.m.

As we move into winter, we start to think of comfort foods and soup is usually at the top of the list! Low-fat and low calorie soups can still be flavorful, satisfying and healthy. Danielle, Dietitian at ShopRite of Lincoln Park will show us how to lighten up your soups while keeping the flavor and health benefits.

Meditation for Your Greatest Health - Wednesday, February 5th, 7:00 p.m.

While it is inherent in any meditation practice that your health is supported, there are specific ways to add more Intention to good health. Using basic tools and techniques in a few different Guided Meditation exercises, we will focus on what you would like to see and feel improvement with.

Possessed by Possessions - Wednesday, February 12th, 7:00 p.m.

Possessed by Possession was inspired by the popular book *The Gentle Art of Swedish Death Cleaning*. This program is geared to help homeowners to declutter now so their kids won't be overwhelmed later and need a dumpster to clean out their parents' house! What to do with photographs, letters, books, kids' memorabilia, and furniture are just some of the topics that are covered in this hour long presentation. Presented by Linda Anders, professional organizing expert and President of COC Enterprises.

**Monthly Programs:**

Photography Club - For beginners to experts—share information and discuss tips and tricks. The club meets on the fourth Monday of each month at 6:30 p.m.

Book Discussion Group - Join us! Pick up your copy from the front desk. The book is usually available in book, large print and audiobook format. The Book Discussion Group meets on the fourth Monday of each month. Discussion begins at 6:30 p.m. Refreshments are served.

Book selection for January:

Vox by Christina Dalcher - January 27th

Film, Food & Friends - Popular films are shown each month on our 60 inch HD TV screen. Movie titles are announced monthly. Showings are made possible by the Friends of Riverdale Library.

January movie schedule:

Downton Abbey (2019, PG-13, 2h 3m) -
Wednesday, January 15th, 7:00 p.m.
& Friday, January 17th, 2:00 p.m.

Recipe From Linda
Walnut Balls**Ingredients:**

- 1 cup (2sticks) butter, softened.
- 6 tbsp. granulated sugar.
- ½ tsp. vanilla extract.
- 2 cups all-purpose flour.
- ½ tsp. salt.
- 1 bag (8oz.) walnuts, chopped.
- 1 ¼ cups confectioners' sugar.

**Directions:**

Preheat oven to 325. In large bowl with mixer on medium speed, beat butter, granulated sugar, and vanilla until light and fluffy, occasionally scraping bowl with rubber spatula. Reduce speed to low; gradually beat in flour and salt just until blended, occasionally scraping bowl. Stir in walnuts.

Shape dough by rounded measuring teaspoons into 1 inch balls. Place balls, 1 inch apart, on large ungreased cookie sheet. Bake for 13 to 15 minutes or until bottoms are lightly browned.

Place confectioners' sugar in pie plate. While cookies are hot, with spatula, transfer 4 or 5 to pie plate with confectioners' sugar. Gently turn cookies with fork to generously coat with sugar. Transfer cookies to wire rack to cool completely. Repeat with remaining dough and confectioners' sugar.

- "Walnut Balls," *Christmas Cookies*, Sterling Publishing, 2016.
One of the many great cookbooks to borrow from our library collection.

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January 2020**Winter Storytimes:**

Baby & Me - Wednesdays, January 8th — February 12th, 10:15 a.m. Bring your baby when we explore simple books, sing classic songs, enjoy bubbles, and play all while becoming familiar with and staying cozy and warm at the library this winter. *For infants and toddlers up to 23 months with a caregiver.*

Toddler Time - Wednesdays, January 8th — February 12th, 11:30 a.m. Feeling too big for baby storytime but not quite ready for Bookworms? Then join us for books, silly songs, and crafts this winter! *For ages 2-3 with a caregiver.*

Bookworms - Thursdays, January 9th — February 13th, 1:30 p.m. Let's get reading and singing in the New Year! Come for books, songs, and a craft with friends when we offer this preschool storytime again! *For ages 4-5.*

Infant & Preschool Programs:

Messy Monday - Monday, January 13th, 11:00 a.m. It's back! Join Ms. Kate for stories followed by messy, preschool-friendly art projects. Come dressed for a mess this winter! *For ages 2 and up.*

Melody Mom Music Fun - Tuesday, January 14th, 10:15 a.m. Let's have fun when we continue to welcome Melody Mom to the library this winter! Enjoy dancing, singing, and parachute play! *For ages 2 and up.*

Children's Programs:

Paws to Read: Tales to Tails - Wednesday, January 8th, 4:00 p.m. Our dog friends from Creature Comfort Pet Therapy keep coming so you can keep practicing your reading with the friendliest listeners around! And remember, even if you can't read yet, you can still come to tell stories based on the pictures of a good book! *For ages 4 and up.*

Stories & Cocoa - Thursdays, January 9th — 30th, 4:00 p.m. Let's get cozy at the library in the New Year! Come for hot cocoa and to hear a read-aloud of a chapter book January! We'll read, listen, snack, sip, and warm up with a great book! *For ages 6 and up. No registration necessary.*

Chess Club - Saturday, January 11th, 2:00-4:00 p.m. We're bringing Chess Club back for a test-run in the New Year! Come when we provide the boards and friendly competition. Can't play chess? No problem! We'll be sure to put out other fun board games as well. Drop in when you can! *For ages 5 and up. No registration necessary.*



LEGO Lab - Wednesday, January 15th, 4:00 p.m. Bring your imagination; we'll supply a great story and the LEGOs! *For ages 4 and up.*

Tween & Teen Programs:

Winter Sewing Workshop - Saturday, January 11th, 10:00 a.m.—12:00 p.m. We're welcoming Ms. Ellen and her mobile sewing workshop back to Riverdale in the New Year! Learn how to sew your own ear flap hat — perfect for these chilly days. All sewing machines and fabric will be provided. No sewing experience necessary! *For ages 9 and up.*

Tweens & Zines - Tuesday, January 28th, 3:30 p.m. Ever tried making your own zine? Well, now's your chance! Come to the library to learn about zines. Then make your very own with all materials provided! *For ages 9 and up.*

Family Programs:

Family Fort Night - Thursday, January 23rd, 6:30 p.m. Join Ms. Kate for stories and strongholds! We'll provide the building supplies; all you need are your engineering skills. Then hunker down inside your fort and get cozy with a book or two. Don't miss the fort-filled family fun! *For all ages.*

Upcoming Programs:

Sock Penguins - Saturday, February 15th, 2:00 p.m. Warm up at the library with a story and the chance to make an adorable sock penguin! Socks and plenty of fluff will be provided. *For all ages.*

Bella Princess Visit - Tuesday, February 18th, 11:00 a.m. School's closed, library's open! We're hosting a favorite princess at the library! All princes and princesses are encouraged to join the magical fun when Snow Princess Anna visits! *For ages 2-7.*

Winter Art Workshop - Tuesday, February 18th, 3:30 p.m. School's closed, library's open! Let's welcome back Ms. Lynn with her wonderful winter art workshop. *For grades K-5.*

Cupcake Wars - Thursday, February 20th, 5:30 p.m. Use your favorite books as inspiration to decorate delicious homemade cupcakes. We'll judge the cupcakes at the end of the program and maybe even award special prizes! *For ages 9 and up.*

Bendy Bookworm Storytime & Craft - Wednesday, February 26th, 11:00 a.m. Let's welcome back yogi librarian Ms. Danielle with her interactive storytime and yoga class tailored for our littlest patrons. Thirty minutes of stories & yoga will be followed by a craft. *For ages 18 months—5 years old.*

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